

APRIL 2019 Elementary/Intermediate Breakfast Menu APRIL Minisink Valley CSD

gg Patty & Cheese On a Whole Grain Bun 100% Fruit Juice Fresh Fruit Milk

Whole Grain Waffles On The Go Fruit Topping Maple Syrup or Whole Grain Muffin 100% Fruit Juice Fresh Fruit Milk

Turkey Bacon, Egg & Cheese on a WG **Enalish Muffin** Tomato Slices 100% Fruit Juice Fresh Fruit Milk

Whole Grain French Toast On The Go Syrup Turkey Bacon 100% Fruit Juice Fresh Fruit Milk

5 Chicken Sausage **Patties** Whole Grain Toast Apple Frudel Stick 100% Fruit Juice Fresh Fruit Milk

Egg Patty & Cheese On a Whole Grain Bun 100% Fruit Juice Fresh Fruit Milk

Whole Grain Waffles On The Go Fruit Topping Maple Syrup or Whole Grain Muffin 100% Fruit Juice Fresh Fruit Milk

Turkey Bacon, Egg & Cheese on a WG English Muffin Tomato Slices 100% Fruit Juice Fresh Fruit Milk

Whole Grain French Toast On The Go Syrup Turkey Bacon 100% Fruit Juice Fresh Fruit Milk

12 Chicken Sausage Patties Whole Grain Toast OR Apple Frudel Stick 100% Fruit Juice Fresh Fruit Milk

15



16



17

10



18



19



22



23



Turkey Bacon, Egg & Cheese on a WG English Muffin Tomato Slices 100% Fruit Juice Fresh Fruit Milk

25 Whole Grain French Toast On The Go Syrup Turkey Bacon 100% Fruit Juice Fresh Fruit Milk

Chicken Sausage **Patties** Whole Grain Toast OR Apple Frudel Stick 100% Fruit Juice Fresh Fruit Milk

Egg Patty & Cheese On a Whole Grain Bun 100% Fruit Juice Fresh Fruit Milk

Whole Grain Waffles On The Go Fruit Topping Maple Syrup or Whole Grain Muffin 100% Fruit Juice Fresh Fruit Milk

Breakfast Price Full - \$0.75

Reduced - \$0.00 Free - \$0.00

Adult - \$1.90 + Tax

Concerns Contact FSD

Any Questions or Marilyn DiGregorio 845-355-5116

All Students who select a breakfast must also take a fruit and/or a juice and/or a vegetable

Offered Daily

Yogurt Parfaits w/ Granola & Fruit Assorted Whole Grain Cereals w/ String Cheese

Plain Bagel Offered With String Cheese OR 40z Yogurt Fresh Fruit and 100% Juice Offered

All meals Offered with Milk. Choice of:

Skim, 1% White

Chocolate Fat Free

(All milk antibiotic and hormone free)

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