



APRIL 2019 Elementary/Intermediate Breakfast Menu APRIL Minisink Valley CSD

1 Egg Patty & Cheese
On a
Whole Grain Bun
100% Fruit Juice
Fresh Fruit
Milk

2 Whole Grain
Waffles On The Go
Fruit Topping
Maple Syrup or
Whole Grain Muffin
100% Fruit Juice
Fresh Fruit
Milk

3 Turkey Bacon, Egg &
Cheese on a WG
English Muffin
Tomato Slices
100% Fruit Juice
Fresh Fruit
Milk

4 Whole Grain
French Toast
On The Go
Syrup
Turkey Bacon
100% Fruit Juice
Fresh Fruit
Milk

5 Chicken Sausage
Patties
Whole Grain Toast
OR
Apple Frudel Stick
100% Fruit Juice
Fresh Fruit
Milk

8 Egg Patty & Cheese
On a
Whole Grain Bun
100% Fruit Juice
Fresh Fruit
Milk

9 Whole Grain
Waffles On The Go
Fruit Topping
Maple Syrup or
Whole Grain Muffin
100% Fruit Juice
Fresh Fruit
Milk

10 Turkey Bacon, Egg &
Cheese on a WG
English Muffin
Tomato Slices
100% Fruit Juice
Fresh Fruit
Milk

11 Whole Grain
French Toast
On The Go
Syrup
Turkey Bacon
100% Fruit Juice
Fresh Fruit
Milk

12 Chicken Sausage
Patties
Whole Grain Toast
OR
Apple Frudel Stick
100% Fruit Juice
Fresh Fruit
Milk

15 **SPRING BREAK**

SCHOOL CLOSED

16 **SPRING BREAK**

SCHOOL CLOSED

17 **SPRING BREAK**

SCHOOL CLOSED

18 **SPRING BREAK**

SCHOOL CLOSED

19 **SPRING BREAK**

SCHOOL CLOSED

22 **SPRING BREAK**

SCHOOL CLOSED

23 **SPRING BREAK**

SCHOOL CLOSED

24 Turkey Bacon, Egg &
Cheese on a WG
English Muffin
Tomato Slices
100% Fruit Juice
Fresh Fruit
Milk

25 Whole Grain
French Toast
On The Go
Syrup
Turkey Bacon
100% Fruit Juice
Fresh Fruit
Milk

26 Chicken Sausage
Patties
Whole Grain Toast
OR
Apple Frudel Stick
100% Fruit Juice
Fresh Fruit
Milk

29 Egg Patty & Cheese
On a
Whole Grain Bun
100% Fruit Juice
Fresh Fruit
Milk

30 Whole Grain
Waffles On The Go
Fruit Topping
Maple Syrup or
Whole Grain Muffin
100% Fruit Juice
Fresh Fruit
Milk

Breakfast Price
Full - \$0.75
Reduced - \$0.00
Free - \$0.00
Adult - \$1.90 +
Tax

Any Questions or
Concerns
Contact FSD
Marilyn DiGregorio
845-355-5116

All Students who select a breakfast must also take a fruit and/or a juice and/or a vegetable
Offered Daily
Yogurt Parfaits w/ Granola & Fruit Assorted Whole Grain Cereals w/ String Cheese
Plain Bagel Offered With String Cheese OR 4oz Yogurt
Fresh Fruit and 100% Juice Offered

All meals Offered with Milk. Choice of:
Skim, 1% White
Chocolate Fat Free
(All milk antibiotic and hormone free)

