



# FEBRUARY 2019

## Elementary/Intermediate Breakfast Menu

### Minisink Valley CSD

**Breakfast Price**  
**Full - \$0.75**  
**Reduced - \$0.00**  
**Free - \$0.00**  
**Adult - \$1.90 + Tax**

Any Questions or Concerns  
 Contact FSD  
 Marilyn DiGregorio  
 845-355-5116

**1** Chicken Sausage Patties  
 Whole Grain Toast  
 OR  
 Apple Frudel Stick  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**4**  
 Egg Patty & Cheese  
 On a Whole Grain Bun  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**5** Whole Grain Waffles On The Go  
 Fruit Topping  
 Maple Syrup or  
 Whole Grain Muffin  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**6** Turkey Bacon, Egg & Cheese on a WG English Muffin  
 Tomato Slices  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**7** Whole Grain French Toast On The Go  
 Syrup  
 Turkey Bacon  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**8** Chicken Sausage Patties  
 Whole Grain Toast  
 OR  
 Apple Frudel Stick  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**11**  
 Egg Patty & Cheese  
 On a Whole Grain Bun  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**12** Whole Grain Waffles On The Go  
 Fruit Topping  
 Maple Syrup or  
 Whole Grain Muffin  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**13** Turkey Bacon, Egg & Cheese on a WG English Muffin  
 Tomato Slices  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**14** Whole Grain French Toast On The Go  
 Syrup  
 Turkey Bacon  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**15** **PRESIDENTS WEEKEND**



**SCHOOL CLOSED**

**18** **PRESIDENTS WEEKEND**



**SCHOOL CLOSED**

**19** Whole Grain Waffles On The Go  
 Fruit Topping  
 Maple Syrup or  
 Whole Grain Muffin  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**20** Turkey Bacon, Egg & Cheese on a WG English Muffin  
 Tomato Slices  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**21** Whole Grain French Toast On The Go  
 Syrup  
 Turkey Bacon  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**22** Chicken Sausage Patties  
 Whole Grain Toast  
 OR  
 Apple Frudel Stick  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**25**  
 Egg Patty & Cheese  
 On a Whole Grain Bun  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**26** Whole Grain Waffles On The Go  
 Fruit Topping  
 Maple Syrup or  
 Whole Grain Muffin  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**27** Turkey Bacon, Egg & Cheese on a WG English Muffin  
 Tomato Slices  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

**28** Whole Grain French Toast On The Go  
 Syrup  
 Turkey Bacon  
 100% Fruit Juice  
 Fresh Fruit  
 Milk

All Students who select a breakfast must also take a fruit and/or a juice and/or a vegetable

**Offered Daily**

Yogurt Parfaits w/ Granola & Fruit Assorted Whole Grain Cereals w/ String Cheese

Plain Bagel Offered With String Cheese OR 4oz Yogurt  
 Fresh Fruit and 100% Juice Offered

All meals Offered with Milk. Choice of:

Skim, 1% White

Chocolate Fat Free

(All milk antibiotic and hormone free)

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