



ELEMENTARY / INTERMEDIATE LUNCH

Minisink Valley CSD

FEBRUARY 2019

Any Questions or Concerns Contact FSD Marilyn DiGregorio
845-355-5116 MDiGregorio@minisink.com

Looking for a Job Opportunity? Please Contact FSD for More Information

Lunch Price
Full - \$1.80
Reduced - \$0.00
Free - \$0.00
Adult - \$3.78 + Tax

All Meals Offered
With Choice of
1% Milk
Fat Free Milk
Fat Free
Chocolate Milk
(Antibiotic & Hormone Free)

**1 SUPERBOWL
Pizza Day**
Cheese, Pepperoni
or Taco Pizza
Red & Green
Pepper Strips
Fresh Crisp
Locally Grown Apple

**4 NATIONAL
TATER TOT DAY**
Grilled Cheese on
WG Bread
Homemade Tomato Soup
Oven Baked Tater Tots
Steamed Peas
Fresh Orange
DOLLAR DAY MONDAY

5 Brunch For Lunch
Whole French Toast
Sticks
Chicken Sausage Patties
Potato Hash Patty
Syrup
Tomato Salad
Fresh Grapes

**6 NATIONAL
CHOPSTICK DAY**
Chicken and Broccoli W/
Lo Mein Noodles and
Chopsticks
Red & Green
Pepper Strips
Fresh Pineapple

**7 Cheeseburger or
Hamburger Bar**
On a Whole Grain Bun
Toppings: Lettuce,
Tomato, Onion and Pickles
Oven Baked French Fries
Garbanzo Beans
Crisp Cucumber Slices
Fresh Honeydew

8 Pizza Day
Cheese or Pepperoni
Pizza
Carrot Sticks
Fresh Crisp Locally
Grown Apple

**11 Sloppy Joe on a
Whole Grain Bun**
Homemade
Vegetable Soup
Red & Green
Pepper Strips
Tree Ripened Banana
DOLLAR DAY MONDAY

12 Taco Tuesday
Seasoned Turkey Meat
Soft or Hard Taco Shells
Cheddar Cheese,
Shredded Lettuce, Salsa,
& Sour Cream
Sweet Golden Corn
Black Bean Salad
Fresh Watermelon

**13 Crispy Chicken Nuggets
with
Dipping Sauce**
Seasoned
Brown Rice
Seasoned Carrot Coins
Fresh Cantaloupe

14 Pizza Day
Cheese or Pepperoni
Pizza
Green Beans
Celery Sticks
Fresh Crisp
Locally Grown Apple
Happy Valentines Day

15 PRESIDENTS WEEKEND

SCHOOL CLOSED

18 PRESIDENTS WEEKEND

SCHOOL CLOSED

**19 All Beef Hot Dog on a
Whole Grain Bun**
Oven Baked
French Fries
Vegetarian
Baked Beans
Fresh Grapes

20 BAKED POTATO BAR
Baked Potato
Toppings: Cheddar Cheese,
Bacon Bits,
Chili & Broccoli
WG Dinner Roll
Red & Green Pepper Strips
Fresh Orange

21 NACHO DAY
Homemade Seasoned
Chicken Tortilla Rounds
Cheddar Cheese, Salsa
Sour cream
Sweet Golden Corn
Tomato Salad
Fresh Pear

22 Pizza Day
Cheese or Pepperoni
Pizza
Carrot Sticks and
Celery Sticks
Fresh Crisp Locally
Grown Apple

**25 Whole Grain
Cheesy Sticks w/
Marinara Dipping Sauce**
Seasoned Green Beans
Garbanzo Bean Salad
Tree Ripened Banana
DOLLAR DAY MONDAY

26 $\frac{1}{2}$ & $\frac{1}{2}$
Grilled Cheese Pizza &
Chicken Tenders Oven
Baked WG Dinner Roll
Sweet Peas
Fresh Cantaloupe

**27 Homemade Baked
Mac N Cheese**
Elbow Pasta in
Cheese Sauce
Fresh Hot
Vegetable Soup
Seasoned Carrots
Fresh Orange

**28 Homemade Meatballs w/
Marinara Sauce on
Whole Grain Club Roll**
Cucumber Salad
Seasoned Broccoli
Berries

OFFERED DAILY

Boars Head Sandwich Selections on WG Bread

Ham Or Turkey W/ Cheese, Land O' Lakes Cheese, Sunflower Butter & Jelly

Bagel Bag

Bagel, Yogurt, and/or String Cheese

Yogurt Parfait W/ Fruit & Granola

Fresh Fruit Cup 9oz - \$1.50 *Leafy Green Side Salad Available Daily*

Salad Selections W/ WG Dinner Rolls

Mon: Chicken Caesar **Tues:** Turkey Chef

Wed: Tuna or Chicken **Thurs:** Ham Chef

Fri: Cheese & Fruit

All Meals Offered with Fruit, Juice and Vegetable
We serve Whole Grains

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