



ELEMENTARY / INTERMEDIATE LUNCH

Minisink Valley CSD

JANUARY 2019

Any Questions or Concerns Contact FSD Marilyn DiGregorio
845-355-5116 MDiGregorio@minisink.com

Looking for a Job Opportunity? Please Contact FSD for More Information

Lunch Price
Full - \$1.80
Reduced - \$0.00
Free - \$0.00
Adult - \$3.78 + Tax

1 HAPPY NEW YEAR'S



SCHOOL CLOSED

2 All Beef Hot Dog on a Whole Grain Bun
Oven Baked Curley Fries
Homemade Chicken Noodle Soup
Vegetarian Baked Beans
Fresh Orange

3 **TACO DAY**
Seasoned Ground Beef
Soft shell or Hard Shell
Taco Cheddar Cheese,
Shredded Lettuce, Salsa,
Sour Cream
Sweet Golden Corn
Fresh Pineapple

4 **Pizza Day**
Cheese or Pepperoni
Pizza
Red & Green
Pepper Strips
Fresh Crisp Locally
Grown Apple

7 Grilled Cheese on WG Bread
Homemade Tomato Soup
Oven Baked Tater Tots
Steamed Peas
Fresh Orange
DOLLAR DAY MONDAY

8 **Brunch for Lunch**
Whole Grain
French Toast Sticks
Chicken Sausage Patties
Potato Hash Patty
Syrup
Crisp Cucumber Slices
Berries

9 Roasted Chicken on a Bone
WG Dinner Roll
Mashed Potatoes
Garbanzo Beans
Seasoned Green Beans
Fresh Grapes

10 Cheeseburger or Hamburger Bar
On a Whole Grain Bun
Toppings: Lettuce,
Tomato, Onion and
Pickles
Oven Baked French Fries
Fresh Pear

11 **Pizza Day**
Cheese or Pepperoni
Pizza
Carrot Sticks
Fresh Crisp Locally
Grown Apple

14 Sloppy Joe on a Whole Grain Bun
Vegetarian
Baked Beans
Red & Green
Pepper Strips
Tree Ripened Banana
DOLLAR DAY MONDAY

15 **Taco Tuesday**
Seasoned Turkey Meat
Soft or Hard Taco Shells
Cheddar Cheese,
Shredded Lettuce,
Salsa, & Sour Cream
Sweet Golden Corn
Fresh Watermelon

16 **BAKED POTATO BAR**
Baked Potato
Toppings: Cheddar Cheese,
Bacon Bits,
Chili, & Broccoli
WG Dinner Roll
Homemade Chicken
Noodle Soup
Steamed Carrot Coins
Fresh Orange

17 Crispy Chicken Nuggets with Dipping Sauce
Seasoned
Brown Rice
Tomato Salad
Fresh Grapes

18 **Pizza Day**
Cheese or Pepperoni
Pizza
Green Beans
Celery Sticks
Fresh Crisp Locally
Grown Apple

21 **DR. MARTIN LUTHER KING DAY**

SCHOOL CLOSED

22 **Nacho Day**
Homemade
Seasoned Chicken
Tortilla Rounds
Cheddar Cheese, Salsa
Sour Cream
Sweet Golden Corn
Fresh Pear

23 Twisty Pasta w/ Beef Meat Sauce or Marinara Sauce
WG Garlic Bread
Garlic Broccoli
Fresh Cantaloupe

24 **Chicken Corn Dog**
Chicken hot dog dipped in a WG corn batter
On a stick
Tater Tots
Homemade Vegetable Soup
Vegetarian Baked Beans
Seasoned Carrots
Berries

25 **Pizza Day**
Cheese or Pepperoni
Pizza
Carrot Sticks and
Celery Sticks
Fresh Crisp Locally
Grown Apple

28 Whole Grain
Cheesy Sticks w/
Marinara Dipping Sauce
Seasoned Green Beans
Garbanzo Bean Salad
Tree Ripened Banana
DOLLAR DAY MONDAY

29 **Brunch For Lunch**
Whole Grain Waffles
Chicken Sausage Patties
Potato Hash Patty
Syrup
Tomato Salad
Fresh Grapes

30 Homemade Baked
Mac N Cheese
Elbow Pasta in
Cheese Sauce
Fresh Hot
Vegetable Soup
Seasoned Green Beans
Fresh Cantaloupe

31 Homemade Meatballs w/
Marinara Sauce on
Whole Grain Club Roll
Cucumber Salad
Seasoned Broccoli
Fresh Orange

**All Meals Offered
With Choice of
1% Milk
Fat Free Milk
Fat Free
Chocolate Milk
(Antibiotic & Hormone
Free)**

OFFERED DAILY

Boars Head Sandwich Selections on WG Bread

Ham Or Turkey W/ Cheese, Land O' Lakes Cheese, Sunflower Butter & Jelly

Bagel Bag

Bagel, Yogurt, and/or String Cheese

Yogurt Parfait W/ Fruit & Granola

Fresh Fruit Cup 9oz - \$1.50 *Leafy Green Side Salad Available Daily*

Salad Selections W/ WG Dinner Rolls

Mon: Chicken Caesar **Tues:** Turkey Chef

Wed: Tuna or Chicken **Thurs:** Ham Chef

Fri: Cheese & Fruit

All Meals Offered with Fruit, Juice and Vegetable

We serve Whole Grains

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