



ELEMENTARY / INTERMEDIATE LUNCH

Minisink Valley CSD

MAY 2019

Any Questions or Concerns Contact FSD Marilyn DiGregorio
845-355-5116 MDiGregorio@minisink.com

Looking for a Job Opportunity? Please Contact FSD for More Information

Lunch Price
Full - \$1.80
Reduced - \$0.00
Free - \$0.00
Adult - \$3.78 + Tax

All Meals Offered With Choice of
1% Milk
Fat Free Milk
Fat Free Chocolate Milk
(Antibiotic & Hormone Free)

1 All Beef Hot Dog on a WG Bun
Oven Baked French Fries
Vegetarian Baked Beans
Fresh Pineapple

2 NACHO DAY
Homemade Seasoned Chicken Tortilla Rounds
Cheddar Cheese, Salsa
Sour cream
Sweet Golden Corn
Berries

3 Pizza Day
Cheese, Pepperoni (P) or Chicken Bacon Ranch
Carrot Sticks
Fresh Crisp
Tree Ripened Banana

6 Grilled Cheese on WG Bread
Oven Baked Tater Tots
Steamed Peas
Garbanzo Bean Salad
Fresh Pear

DOLLAR DAY MONDAY

7 Sweet N Sour Chicken
Whole Grain Rice
Seasoned Carrot Coins
Red & Green Pepper Strips
Fresh Oranges

8 Brunch For Lunch
Whole Grain Waffles
Chicken Sausage Patties
Potato Hash Patty
Syrup
Tomato Salad
Fresh Honeydew

9 Homemade Meatballs w/ Marinara Sauce on Whole Grain Club Roll
Cucumber Salad
Seasoned Green Beans
Fresh Watermelon

10 Pizza Day
Cheese or Pepperoni (P) Pizza
Celery Sticks
Fresh Crisp Locally Grown Apple

13 Whole Grain Cheesy Sticks w/ Marinara Dipping Sauce
Seasoned Green Beans
Fresh Crisp
Locally Grown Apple

DOLLAR DAY MONDAY

14 BAKED POTATO BAR
Baked Potato
Toppings: Cheddar Cheese, Bacon Bits, Chili & Broccoli
WG Dinner Roll
Fresh Cantaloupe

15 Chicken Tenders w/BBQ Sauce or Honey Mustard
Oven Baked French Fries
Sweet Peas
Fresh Honeydew

16 Homemade Baked Mac N Cheese
Elbow Pasta in Cheese Sauce
Steamed Sweet Peas
Fresh Orange

17 Pizza Day
Cheese, Pepperoni (P) or Grilled Cheese Pizza
Carrot Sticks
Tree Ripened Banana

20 Twisty Pasta w/ Beef Meat Sauce or Marinara Sauce
Garlic Bread
Seasoned Broccoli
Sliced Cucumber
Garbanzo Bean Salad
Berries

DOLLAR DAY MONDAY

21 NACHO DAY
Homemade Seasoned Chicken Tortilla Rounds
Cheddar Cheese, Salsa
Sour cream
Sweet Golden Corn
Fresh Crisp Locally Grown Apple

22 Pizza Day
Cheese or Pepperoni (P) Pizza
Carrot Sticks
Fresh Orange

23 MEMORIAL DAY WEEKEND



SCHOOL CLOSED

24 MEMORIAL DAY WEEKEND



SCHOOL CLOSED

27 MEMORIAL DAY



SCHOOL CLOSED

28 National Hamburger Day
Cheeseburger or Hamburger Bar
On a Whole Grain Bun
Toppings: Lettuce, Tomato, Onion and Pickles
Seasoned Carrots
Watermelon

29 Chicken Bowl
Chicken, Mashed Potatoes & Gravy,
Whole Grain Dinner Roll
Seasoned Green Beans and
Fresh Orange

30 TACO DAY
Seasoned Ground Beef
Choice of:
Hard or Soft Shells
Cheddar Cheese, Shredded
Lettuce, Salsa & Sour Cream
Sweet Corn
Black Bean Salad
Fresh Pear

31 Pizza Day
Cheese or Pepperoni (P) Pizza
Celery and Carrot Sticks
Fresh Crisp Locally Grown Apple

OFFERED DAILY

Boars Head Sandwich Selections on WG Bread

Ham Or Turkey W/ Cheese, Land O' Lakes Cheese, Sunflower Butter & Jelly

Bagel Bag

Bagel, Yogurt, and/or String Cheese

Yogurt Parfait W/ Fruit & Granola

Fresh Fruit Cup 9oz - \$1.50 *Leafy Green Side Salad Available Daily*

Salad Selections W/ WG Dinner Rolls

Mon: Chicken Caesar **Tues:** Turkey Chef

Wed: Tuna or Chicken **Thurs:** Ham Chef (P)

Fri: Cheese & Fruit

All Meals Offered with Fruit, Juice and Vegetable

We serve Whole Grains

(P) = PORK PRODUCT

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