



Any Questions or Concerns
 Please Contact FSD Marilyn DiGregorio
 845-355-5116 or
Mdigregorio@minisink.com
 Looking for a Job Opportunity?
 Please Contact FSD for More Information.

Minisink Valley High School

May 2019
 Breakfast Menu

Breakfast Price

Full - \$1.00
 Reduced - \$0.00
 Free - \$0.00
 Adult - \$1.90 + Tax

**All Meals Offered With
 Choice of
 1% Milk, Fat Free Milk,
 Fat Free Chocolate Milk
 (Antibiotic & Hormone
 Free)**

1
 Turkey Bacon, Egg &
 Cheese Pizza
 Carrot Sticks
 100% Fruit Juice
 Fresh Fruit
 Milk

2
 Pancake Pucks
 Or Whole Grain Muffin
 Syrup
 Chicken Sausage
 100% Fruit Juice
 Fresh Fruit
 Milk

3
 Egg & Cheddar Cheese
 Breakfast Burrito
 Salsa
 Vegetarian Beans
 100% Fruit Juice
 Fresh Fruit
 Milk

6
 Turkey Sausage Wrapped
 In Pancake On A Stick
 Tater Tots
 Tomato Slices
 100% Fruit Juice
 Fresh Fruit
 Milk

7
 WG Waffles
 Or Whole Grain Muffin
 Fruit Topping
 Syrup
 Turkey Bacon
 100% Fruit Juice
 Fresh Fruit
 Milk

8
 Turkey Bacon, Egg &
 Cheese Pizza
 Carrot Sticks
 100% Fruit Juice
 Fresh Fruit
 Milk

9
 WG French Toast
 Or Whole Grain Muffin
 Syrup
 Chicken Sausage
 100% Fruit Juice
 Fresh Fruit
 Milk

10
 Egg & Cheddar Cheese
 Breakfast Pita
 Salsa
 Vegetarian Beans
 100% Fruit Juice
 Fresh Fruit
 Milk

13
 Turkey Sausage Wrapped
 In Pancake On A Stick
 Tater Tots
 Tomato Slices
 100% Fruit Juice
 Fresh Fruit
 Milk

14
 WG Waffles
 Or Whole Grain Muffin
 Fruit Topping
 Syrup
 Turkey Bacon
 100% Fruit Juice
 Fresh Fruit
 Milk

15
 Turkey Bacon, Egg &
 Cheese Pizza
 Carrot Sticks
 100% Fruit Juice
 Fresh Fruit
 Milk

16
 Pancake Pucks
 Or Whole Grain Muffin
 Syrup
 Chicken Sausage
 100% Fruit Juice
 Fresh Fruit
 Milk

17
 Egg & Cheddar Cheese
 Breakfast Burrito
 Salsa
 Vegetarian Beans
 100% Fruit Juice
 Fresh Fruit
 Milk

20
 Turkey Sausage Wrapped
 In Pancake On A Stick
 Tater Tots
 Tomato Slices
 100% Fruit Juice
 Fresh Fruit
 Milk

21
 WG Waffles
 Or Whole Grain Muffin
 Fruit Topping
 Syrup
 Turkey Bacon
 100% Fruit Juice
 Fresh Fruit
 Milk

22
 Turkey Bacon, Egg &
 Cheese Pizza
 Carrot Sticks
 100% Fruit Juice
 Fresh Fruit
 Milk



28
 WG Waffles
 Or Whole Grain Muffin
 Fruit Topping
 Syrup
 Turkey Bacon
 100% Fruit Juice
 Fresh Fruit
 Milk

29
 Turkey Bacon, Egg &
 Cheese Pizza
 Carrot Sticks
 100% Fruit Juice
 Fresh Fruit
 Milk

30
 Pancake Pucks
 Or Whole Grain Muffin
 Syrup
 Chicken Sausage
 100% Fruit Juice
 Fresh Fruit
 Milk

31
 Egg & Cheddar Cheese
 Breakfast Burrito
 Salsa
 Vegetarian Beans
 100% Fruit Juice
 Fresh Fruit
 Milk

Offered Daily

Egg Sandwiches, Yogurt Parfaits W/ Breakfast Round & Fruit
 Assorted Cereals W/ String Cheese, Bagel Meals, WG Cinnamon Donut
 Fruit Smoothies W/ String Cheese and Breakfast Round,
 Fresh Fruit and 100% Fruit Juice

All students who select a breakfast must also take a
 Fruit and/or a Juice
 And / or Vegetable

*This Institution is an equal opportunity provider and employer

**Menus are subject to change*

