

Any Questions or Concerns Contact FSD Marilyn DiGregorio
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Looking for a Job Opportunity? Please Contact FSD for More Information.

*This Institution is an equal opportunity provider and employer

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| <p>Lunch Price
Full - \$2.00
Reduced - \$0.00
Free - \$0.00
Adult
\$3.78 + Tax</p> | <p>All meals Offered with a Milk Choice Of:
1% White
Fat Free
Fat Free Chocolate
(All milk is antibiotic and hormone free)</p> | <p>1 Brunch For Lunch
Whole Grain French Toast Sticks
Chicken Sausage Patties
Oven Baked Hash Patty
Cucumber Slices
Steamed Broccoli
Berries</p> | <p>2
Homemade Baked Penne W/ Cheese & Marinara
Garlic Toast
Crisp Celery Sticks
Garlic Green Beans
Fresh Local NY Apple</p> | <p>3
Beef Cheese Steak On A Whole Grain Bun
Fresh Red & Green Peppers
Sweet Golden Corn
Fresh Pineapple</p> |
| <p>6 Buffalo Chicken Wrap
Chicken tossed in Buffalo Sauce w/ Melted Cheese
A Whole Grain Tortilla Wrap
Chick Pea Salad
Sweet Golden Corn
Fresh Pear
DOLLAR DAY MONDAY</p> | <p>9 Pasta Primavera
Bowtie Pasta Sautéed with a Veggie Mix and Cheese Sauce
Whole Grain Garlic Bread
Seasoned Green Beans
Fresh Orange Slices</p> | <p>10 Nacho Day
Seasoned Chicken Meat
Tortilla Rounds
Cheese Sauce, Salsa, Sour Cream
Black Beans Salsa
Sweet Golden Corn
Fresh Orange</p> | <p>11
Fish Patty on A Whole Grain Bun
Homemade Tartar Sauce
Oven Baked Tater Tots
Seasoned Carrot Coins
Fresh Cantaloupe</p> | <p>12
Homemade Cheese Calzone W/Mozzarella Cheese
Marinara Dipping Sauce
Tomato Salad
Seasoned Green Beans
Fresh Local NY Apple</p> |
| <p>13
Sweet N' Sour Chicken
Whole Grain Rice
Red & Green Pepper Strips
Vegetarian Beans
Fresh Pineapple</p> | <p>14 Taco Tuesday
Seasoned Beef
Twin Hard Shell Corn Tacos
Shredded Cheddar, Shredded Lettuce, Diced Tomatoes, Salsa, Sour Cream
Black Bean & Corn Salad
Fresh Grapes</p> | <p>15 Macaroni & Cheese
Elbow Pasta Noodles W/ Melted Cheese
Whole Grain Dinner Roll
Fresh Celery Sticks
Garlic Broccoli
Fresh Watermelon</p> | <p>16
Seasoned Chicken W/ Shredded Cheddar and Refried Beans in a WG Tortilla Wrap
Fresh Cucumber Salad
Sweet Golden Corn
Fresh Orange Slices</p> | <p>17 Sausage & Peppers
Chicken Sausage & Marinated Red & Green Peppers
On A Whole Grain Club Roll
Fresh Carrot Sticks
Sweet Peas
Fresh Local NY Apple</p> |
| <p>20 Sloppy Joe
Seasoned 100% Ground Beef in Sauce on A Whole Grain Bun
Carrot Sticks
Sweet Golden Corn
Fresh Local NY Apple
DOLLAR DAY MONDAY</p> | <p>21
Spaghetti W/ Choice of Marinara OR Meat Sauce
WG Garlic Bread
Crisp Celery Sticks
Oven Roasted Zucchini Squash
Fresh Orange</p> | <p>22
Breaded Chicken Tenders
Dipping Sauces
Oven Baked Curly Fries
Cucumber Slices
Fresh Grapes</p> | <p>23 No School
</p> | <p>24 No School
</p> |
| <p>27 No School
</p> | <p>28 National Hamburger Day
Chipotle BBQ Cheese Burger On A Whole Grain Bun
Oven Baked Twister Fries
Pasta Salad
Garlic Green Beans
Fresh Orange</p> | <p>29 Brunch For Lunch
Sausage Egg & Cheese On A Mini Bagel
Oven Baked Tater Tots
Seasoned Carrot Coins
Fresh Local NY Apple</p> | <p>30 Poncho Pup
100% All Beef Hot Dog With Melted Cheddar
Cheese Wrapped in a WG Tortilla Shell
Fresh Tomato Salad
Vegetarian Beans
Berries</p> | <p>31 Nacho Day
Seasoned Beef
Tortilla Rounds
Cheese Sauce, Salsa, Sour Cream
Chick Pea Salad
Sweet Golden Corn
Fresh Orange</p> |

Made To Order: Boars Head Deli Sandwiches/Cold OR Panini Pressed

Pizza Station: Cheese, Pepperoni (P) & Special of the Day

Specials

Mon - Spicy Chicken Patty Or Crispy Chicken Patty On A WG Bun

Tues - Bosco Twin Cheese Stick W/Marinara Sauce

Wed - All Beef Hot Dog On a WG Bun

Thurs - Hamburger Or Cheeseburger On A WG Bun W/ Oven Baked French Fries

Fri - Crispy Chicken Rounds

***Leafy Green Salad Available Daily**

Other Daily Options:

Grab & Go Salads W/ WG Dinner Roll, Grab & Go Boars Head Sandwiches, Sunflower Butter & Jelly, Bagel W/ String Cheese & Yogurt, Yogurt Parfait W/ Fruit & Breakfast Round (P) = Pork Product

Fruit Cup 12oz - \$2.00

Smoothies - \$2.50

All Meals Offered W/ 1 Cup of Fruit & 1 Cup of Vegetable, 100% Fruit Juice and whole grain Dinner Rolls * We Serve Whole Grains