



ELEMENTARY / INTERMEDIATE LUNCH

Minisink Valley CSD

MARCH 2019

Any Questions or Concerns Contact FSD Marilyn DiGregorio
845-355-5116 MDiGregorio@minisink.com

Looking for a Job Opportunity? Please Contact FSD for More Information

Lunch Price
Full - \$1.80
Reduced - \$0.00
Free - \$0.00
Adult - \$3.78 + Tax

**All Meals Offered
With Choice of
1% Milk
Fat Free Milk
Fat Free
Chocolate Milk
(Antibiotic & Hormone
Free)**

(P) = PORK PRODUCT

1 Pizza Day
Cheese, Pepperoni (P) or
Chicken Bacon Ranch
Red & Green
Pepper Strips
Fresh Crisp
Locally Grown Apple

4
Grilled Cheese on
WG Bread
Homemade Tomato Soup
Oven Baked Tater Tots
Steamed Peas
Fresh Orange
DOLLAR DAY MONDAY

5 NACHO DAY
Homemade Seasoned
Chicken Tortilla Rounds
Cheddar Cheese, Salsa
Sour cream
Sweet Golden Corn
Black Beans
Fresh Pear

6 Brunch For Lunch
Whole French
Toast Sticks
Chicken Sausage Patties
Potato Hash Patty
Syrup
Tomato Salad
Homemade Apple Crisp
Fresh Honeydew

7 BAKED POTATO BAR
Baked Potato
Toppings: Cheddar Cheese,
Bacon Bits,
Chili & Broccoli
WG Dinner Roll
Red & Green Pepper Strips
Fresh Watermelon

8 Pizza Day
Cheese or
Pepperoni (P)
Pizza
Carrot Sticks
Fresh Crisp Locally
Grown Apple

11 Beef Burrito
Seasoned Beef w/ Cheddar
Cheese in a
WG Tortilla Shell
Homemade Vegetable Soup
Red & Green
Pepper Strips
Tree Ripened Banana
DOLLAR DAY MONDAY

12 All Beef Hot Dog on a
Whole Grain Bun
Oven Baked
French Fries
Vegetarian
Baked Beans
Fresh Pineapple

13 Crispy Chicken
Sandwich Bar
On a WG Bun w/
Tomato, lettuce & onion
Homemade
Macaroni Salad
Cucumber Slices
Fresh Cantaloupe

14
**SUPERINTENDENT
CONFERENCE DAY**

SCHOOL CLOSED

15 Pizza Day
Cheese, Pepperoni (P)
or Chicken Bacon
Ranch
Pizza
Carrot Sticks and
Celery Sticks
Fresh Crisp Locally

18 BBQ Chicken &
Cheddar Cheese Melt on a
Whole Grain Bun
Twisty Fries
Homemade Chicken
Noodle Soup
Seasoned Carrot Coins
Berries
DOLLAR DAY MONDAY

19 Homemade Lasagna
w/ Tomato Sauce &
Mozzarella Cheese
Garlic Bread
Seasoned Broccoli
Garbanzo Beans
Fresh Cantaloupe

20 HAPPY SPRING
Cheeseburger or
Hamburger Bar
On a Whole Grain Bun
Toppings: Lettuce,
Tomato, Onion and Pickles
Oven Baked French Fries
Crisp Cucumber Slices
Fresh Grapes

**21 NATIONAL
CRUNCHY TACO DAY**
Seasoned Turkey Meat
Hard Taco Shells
Cheddar Cheese,
Shredded Lettuce, Salsa,
& Sour Cream
Sweet Golden Corn
Fresh Orange

22 Pizza Day
Cheese or
Pepperoni (P)
Pizza
Carrot Sticks and
Celery Sticks
Fresh Crisp Locally
Grown Apple

25 Whole Grain
Cheesy Sticks w/
Marinara Dipping Sauce
Seasoned Green Beans
Fresh Hot
Vegetable Soup
Tree Ripened Banana
DOLLAR DAY MONDAY

26 $\frac{1}{2}$ & $\frac{1}{2}$
Grilled Cheese Pizza &
Chicken Tenders Oven
Baked WG Dinner Roll
Sweet Peas
Fresh Honeydew

27 Homemade Baked
Mac N Cheese
Elbow Pasta in
Cheese Sauce
Tomato Salad
Fresh Pineapple

28 BASEBALL OPENING DAY
Chicken Corn Dog
Chicken hot dog dipped in a
WG corn batter
On a stick
Tater Tots
Vegetarian Baked Beans
Seasoned Carrots
Berries

29 Pizza Day
Cheese, Pepperoni (P) or
Chicken Bacon Ranch
Pizza
Carrot Sticks and Celery
Sticks
Fresh Crisp Locally
Grown Apple

OFFERED DAILY

Boars Head Sandwich Selections on WG Bread

Ham Or Turkey W/ Cheese, Land O' Lakes Cheese, Sunflower Butter & Jelly

Bagel Bag

Bagel, Yogurt, and/or String Cheese

Yogurt Parfait W/ Fruit & Granola

Fresh Fruit Cup 9oz - \$1.50 *Leafy Green Side Salad Available Daily*

Salad Selections W/ WG Dinner Rolls

Mon: Chicken Caesar Tues: Turkey Chef

Wed: Tuna or Chicken Thurs: Ham Chef (P)

Fri: Cheese & Fruit

All Meals Offered with Fruit, Juice and Vegetable

We serve Whole Grains

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