

\*This Institution is an equal opportunity provider and employer

**3**

Ham (P), Egg & Cheese  
On A  
Plain Mini Bagel  
Vegetarian Beans  
100% Fruit Juice  
Fresh Fruit  
Milk

**4**

French Toast Sticks  
Maple Syrup  
Chicken Sausage  
Or Scrambled Eggs  
W/Cheese &  
Whole Grain Toast  
100% Fruit Juice  
Fresh Fruit  
Milk

**Breakfast Price**  
Full - \$0.75  
Reduced - \$0.00  
Free - \$0.00  
Adult  
\$1.90 + Tax

**5**

Breakfast Chicken Sausage  
Wrapped in Pancake On A  
Stick  
Syrup & Tater Tots  
Or WG Blueberry Muffin  
Carrot Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**6**

Turkey Bacon, Egg &  
Cheese in  
A Whole Grain Wrap  
Celery Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**4**

Ham (P), Egg & Cheese  
On A  
Plain Mini Bagel  
Vegetarian Beans  
100% Fruit Juice  
Fresh Fruit  
Milk

**5**

French Toast Sticks  
Maple Syrup  
Chicken Sausage  
Or Scrambled Eggs  
W/Cheese &  
Whole Grain Toast  
100% Fruit Juice  
Fresh Fruit  
Milk

**6**

Breakfast Chicken Sausage  
Wrapped in Pancake On A  
Stick  
Syrup & Tater Tots  
Or WG Blueberry Muffin  
Carrot Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**7**

Waffles & Scrambled Eggs  
Maple Syrup  
Hash Patty  
Tomato Slices  
100% Fruit Juice  
Fresh Fruit  
Milk

**8**

Turkey Bacon, Egg &  
Cheese in  
Pita Pocket  
Celery Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**11**

Ham (P), Egg & Cheese  
On A  
Plain Mini Bagel  
Vegetarian Beans  
100% Fruit Juice  
Fresh Fruit  
Milk

**12**

French Toast Sticks  
Maple Syrup  
Chicken Sausage  
Or Scrambled Eggs  
W/Cheese &  
Whole Grain Toast  
100% Fruit Juice  
Fresh Fruit  
Milk

**13**

Homemade  
Ham (P), Egg & Cheese Omelet  
WG Toast  
Syrup & Tater Tots  
Or WG Choc Chip Muffin  
Carrot Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**14**

**Superintendent  
Conference  
Day**

**15**

Turkey Bacon, Egg &  
Cheese in  
A Whole Grain Wrap  
Celery Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**18**

Ham (P), Egg & Cheese  
On A  
Plain Mini Bagel  
Vegetarian Beans  
100% Fruit Juice  
Fresh Fruit  
Milk

**19**

French Toast Sticks  
Maple Syrup  
Chicken Sausage  
Or Whole Grain  
Chocolate Chip Muffin  
100% Fruit Juice  
Fresh Fruit  
Milk

**20**

Breakfast Chicken Sausage  
Wrapped in Pancake On A Stick  
Syrup & Tater Tots  
Or WG Blueberry Muffin  
Carrot Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**21**

Waffles & Scrambled Eggs  
Maple Syrup  
Hash Patty  
Tomato Slices  
100% Fruit Juice  
Fresh Fruit  
Milk

**22**

Turkey Bacon, Egg &  
Cheese in  
Pita Pocket  
Celery Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**25**

Ham (P), Egg & Cheese  
On A  
Plain Mini Bagel  
Vegetarian Beans  
100% Fruit Juice  
Fresh Fruit  
Milk

**26**

French Toast Sticks  
Maple Syrup  
Chicken Sausage  
Or Scrambled Eggs  
W/Cheese &  
Whole Grain Toast  
100% Fruit Juice  
Fresh Fruit  
Milk

**27**

Homemade  
Ham (P), Egg & Cheese Omelet  
WG Toast  
Syrup & Tater Tots  
Or WG Choc Chip Muffin  
Carrot Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

**28**

Waffles & Scrambled Eggs  
Maple Syrup  
Hash Patty  
Tomato Slices  
100% Fruit Juice  
Fresh Fruit  
Milk

**29**

Turkey Bacon, Egg &  
Cheese in  
A Whole Grain Wrap  
Celery Sticks  
100% Fruit Juice  
Fresh Fruit  
Milk

All students who select a breakfast must also take a fruit and/or juice and/or a vegetable

**Available Daily**

Yogurt Parfaits W/ Granola & Fruit  
Assorted Whole Grain Cereals W/ String Cheese Or Yogurt  
Bagel Meals, Whole Grain Cinnamon Donut  
Fruit Smoothie W/String Cheese and Breakfast Round  
Fresh Fruit and 100% Juice Offered

All meals Offered with a Milk Choice Of:

- 1% White
- Fat Free
- Fat Free Chocolate

(All milk is antibiotic and hormone free)

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(P) = Pork Product

**\*Menus are subject to change**