

Any Questions or Concerns Contact FSD Marilyn DiGregorio
@ 845-355-5116 OR MDiGregorio@minisink.com
Looking for a Job Opportunity? Please Contact FSD for More Information.

*This Institution is an equal opportunity provider and employer

All meals Offered with a Milk Choice Of:
1% White
Fat Free
Fat Free Chocolate
(All milk is antibiotic and hormone free)

Lunch Price
Full - \$2.00
Reduced - \$0.00
Free - \$0.00
Adult
\$3.78 + Tax

1
National Meatball Day
Homemade 100% All Beef Meatballs On a WG Bun W/ Mozzarella Cheese & Marinara Sauce
Fresh Red & Green Peppers
Fresh Local NY Apple

4 Turkey BLT
Oven Roasted Turkey
Tky Bacon, Lettuce, & Tomato
On WG Sliced Bread
Creamy Tomato Soup
Chick Pea Salad
Fresh Watermelon
DOLLAR DAY MONDAY

5
Spaghetti W/ Choice of Marinara OR Meat Sauce
WG Garlic Bread
Crisp Celery Sticks
Oven Roasted Zucchini Squash
Fresh Local NY Apple

6 Brunch For Lunch
Ham (P), Egg, & Cheese
On a Whole Grain Bun
Oven Baked Hash Brown Patty
Carrot Sticks
Steamed Broccoli
Berries

7 Cheese Steak
Seasoned Beef Slices W/ Cheddar Cheese On A Whole Grain Club Roll
Oven Roasted Green & Red Peppers & Onions
Fresh Pear

8
Breaded Chicken Tenders
Dipping Sauces
Oven Baked Curly Fries
Vegetarian Beans
Fresh Orange Slices

11
Rotini Pasta
W/ Marinara OR Meat Sauce
Crispy Carrot Sticks
Ranch Dipping Sauce
(National Ranch Dressing Day)
Fresh Local NY Apple
DOLLAR DAY MONDAY

12 $\frac{1}{2}$ & $\frac{1}{2}$
Day
Pizza & Tenders
Dipping Sauces
Homemade Stuffed Pepper Soup
Sweet Golden Corn
Fresh Grapes

13
Buffalo Chicken Wrap
Cesar Salad
Fresh Cucumber Salad
Oven Baked Fries
Fresh Cantaloupe

14
Superintendent Conference Day

15
Oven Baked Grilled Cheese Sandwich
Side Caesar Salad
Sweet Golden Corn
Fresh Orange

18 Nacho Day
Seasoned Chicken OR Beef
Tortilla Rounds
Cheddar Cheese, Salsa
Sour Cream
Black Bean Salad
Sweet Golden Corn
Fresh Local NY Apple
DOLLAR DAY MONDAY

19
Homemade Meat Calzone
W/Mozzarella Cheese
Marinara Dipping Sauce
Tomato Salad
Seasoned Carrot Coins
Fresh Cantaloupe

20 Aramark Promotion Slam Dunk Hang Time Basket
Crispy Chicken Tenders,
Oven Baked FF, Biscuit, & Homemade Coleslaw
Maple Garlic Dunking Sauce
Carrot Sticks
Berries

21 National Crunchy Taco Day
Beef Twin Tacos
100% Seasoned Beef
Crunchy Taco Shells
Toppings: Cheddar Cheese, Lettuce, Tomato, Sour Cream
Black Bean & Corn Salad
Fresh Pineapple

22
Crispy Chicken Patty
W/ Bacon & Ranch
On A
Whole Grain Kaiser Roll
Homemade Vegetable Soup
Seasoned Green Beans
Fresh Local NY Apple

25 Chicken & Cheese Wrap
Seasoned Chicken W/ Cheddar Cheese In A WG Tortilla Wrap
Seasoned Broccoli
Fresh Orange
DOLLAR DAY MONDAY

26 *Dippers*
Pizza Cheese Sticks
Mariana Dipping Sauce
Cucumber Salad
Vegetarian Beans
Fresh Local NY Apple

27 Baked Potato Bar
Baked Potato
Toppings: Cheddar Cheese, Bacon Bits, Chili, & Broccoli
Whole Grain Dinner Roll
Seasoned Green Beans
Fresh Watermelon

28
Sweet N' Sour Chicken
Lo Mein Noodles
Crisp Celery Sticks
Sweet Golden Corn
Fresh Pineapple

29
Spicy Crispy Chicken
Patty
& Pepper Jack Cheese
On A WG Bun
Oven Baked Tater Tots
Fresh Tomato Salad
Fresh Orange Slices

Made To Order: Boars Head Deli Sandwiches/Cold OR Panini Pressed

Pizza Station: Cheese, Pepperoni (P) & Special of the Day

Specials

Mon - Spicy Chicken Patty Or Crispy Chicken Patty On A WG Bun

Tues - Bosco Twin Cheese Stick W/Marinara Sauce

Wed - All Beef Hot Dog On a WG Bun

Thurs - Hamburger Or Cheeseburger On A WG Bun W/ Oven Baked French Fries

Fri - BBQ Boneless Pork Rib Patty (P) On A WG Club Roll

*Leafy Green Salad Available Daily

Other Daily Options:

Grab & Go Salads W/ WG Dinner Roll, Grab & Go Boars Head Sandwiches, Sunflower Butter & Jelly, Bagel W/ String Cheese & Yogurt, Yogurt Parfait W/ Fruit & Breakfast Round

Fruit Cup 12oz - \$2.00

Smoothies - \$2.50

All Meals Offered W/ Fruit & Vegetable and whole grain Dinner Rolls * We Serve Whole Grains (P) = Pork Product