

*This Institution is an equal opportunity provider and employer

**2 Labor Day
School Closed**



**3 Superintendent
Conference
Day
School Closed**

**4 Chicken Sausage
Wrapped in Pancake On A
Stick
Maple Syrup & Tater Tots
Or WG Blueberry Muffin
Carrot Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**5 Waffles & Scrambled Eggs
Maple Syrup
Hash Brown Potato Patty
Tomato Slices
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**6 Ham (P), Egg & Cheese
on
A Whole Grain Bun
Celery Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**9 Turkey Bacon, Egg & Cheese
On A Mini Bagel
Tomato Slices
Vegetarian Beans
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**10 French Toast Sticks
Maple Syrup
Chicken Sausage
Or Scrambled Eggs
W/Cheese &
Whole Grain Toast
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**11 Homemade Egg &
Cheese Omelet W/
Whole Grain Toast
Tater Tots
Or WG Choc Chip Muffin
Carrot Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**12 Waffles & Scrambled Eggs
Maple Syrup
Hash Brown Potato Patty
Tomato Slices
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**13 Ham (P), Egg & Cheese
on
A Whole Grain Bun
Celery Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**16 Turkey Bacon, Egg & Cheese
On A Mini Bagel
Tomato Slices
Vegetarian Beans
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**17 French Toast Sticks
Maple Syrup
Chicken Sausage
Or Scrambled Eggs
W/Cheese &
Whole Grain Toast
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**18 Chicken Sausage
Wrapped in Pancake On A
Stick
Syrup & Tater Tots
Or WG Blueberry Muffin
Carrot Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**19 Waffles & Scrambled Eggs
Maple Syrup
Hash Brown Potato Patty
Tomato Slices
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**20 Ham (P), Egg & Cheese
on
A Whole Grain Bun
Celery Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**23 Turkey Bacon, Egg & Cheese
On A Mini Bagel
Tomato Slices
Vegetarian Beans
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**24 French Toast Sticks
Maple Syrup
Chicken Sausage
Or Scrambled Eggs
W/Cheese &
Whole Grain Toast
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup**

**25 Homemade Egg &
Cheese Omelet W/
Whole Grain Toast
Tater Tots
Or WG Choc Chip Muffin
Carrot Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**26 Waffles & Scrambled Eggs
Maple Syrup
Hash Brown Potato Patty
Tomato Slices
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**27 Ham (P), Egg & Cheese on
A Whole Grain Bun
Celery Sticks
4 oz. 100% Fruit Juice
Fresh Fruit ½ Cup
Milk**

**30 ROSH HASHANAH
SCHOOL CLOSED**

Breakfast Price
Full - \$1.00
Reduced - \$0.00
Free - \$0.00
Adult
\$2.40 + Tax

All students who select a breakfast must also take a fruit and/or juice
And /or a vegetable
Available Daily
Yogurt Parfaits W/ All Natural Yogurt, Fruit, & Granola
Assorted Whole Grain Reduced Sugar Cereals W/ Cheese Stick Or Yogurt
Fresh Bagel Meals, Whole Grain Cinnamon Donut
Fruit Smoothie W/String Cheese and Granola
Fresh Fruit and 100% Juice Offered

All meals Offered with a Milk Choice Of:
1% White
Fat Free
Fat Free Chocolate
(All milk is antibiotic and hormone free)

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(P) = Pork Product

*Menus are subject to change